

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:00 131st Tournament of Roses Parade 8:30 Coffee Club 10:00 Exercise 10:45 Lunch Bunch: The Olive Garden 2:00 The Rose Bowl: Oregon v Wisconsin 2:30 Cooking Club: 7 Layer Dip 4:00 Word Games New Year's Day	8:30 Coffee Club 2 10:00 Exercise 10:30 Arts & Crafts: Shadow Paintings 1:15 Walking Group* 2:00 Musical Guest: Ted Waterhouse 3:00 Travel the World: Southern Italy 4:00 Puzzles & Games	8:30 Coffee Club 3 10:00 Catholic Service: Mission of SLO 11:00 Spanish with Martha 1:15 Wheelchair Outing in the Park* 2:30 Exercise with Michael Balson 4:00 Happy Hour	8:30 Coffee Club 4 10:00 Exercise 11:00 Giant Yahtzee 1:15 Walking Group* 2:00 Movie Matinee: <i>Guys & Dolls</i> (1955) 4:30 Word Games
8:30 Coffee Club 5 10:00 Exercise 11:00 Flower Arranging 1:15 Walking Group* 2:00 Basketball 3:00 Art Bar 4:30 Fireside Chat	8:30 Coffee Club 6 10:00 Scenic Drive: Edna Valley 10:45 Exercise 11:15 Sips & Stories 1:15 Walking Group* 2:30 Music & Memories Sing A Long 3:15 Afternoon Tea 4:00 Small Group Social Hour	8:30 Coffee Club 7 10:15 Yoga with Tonya 11:00 Musical Guest: Rick Jarrett 1:15 Walking Group* 2:00 Chair Dancing Class 3:00 Giant Ring Toss 4:00 Hometown Legends with Martha	8:30 Coffee Club 8 10:00 Exercise 10:45 Lunch Bunch: Pepe Delgado's 2:00 Walking Group* 3:00 Reminiscing: New Year Traditions 4:00 Small Group Social Hour	8:30 Coffee Club 9 10:00 Exercise 10:30 Cooking with Barbara: Chicken Quesadillas 1:15 Walking Group* 2:30 Travel the World: South Korea 3:30 Balloon Volleyball 4:00 Puzzles & Games	8:30 Coffee Club 10 10:00 Catholic Service: Mission of SLO 11:00 Musical Guest: Rick Tennock 1:15 Wheelchair Outing in the Park* 2:30 Exercise with Michael Balson 4:00 Happy Hour	8:30 Coffee Club 11 10:00 Exercise 10:30 Caring Canine's Visit 11:00 Kickball 1:15 Walking Group 2:00 Movie Matinee: <i>You Gotta Stay Happy</i> (1948) 2:30 Van Outing 4:00 Word Games
8:30 Coffee Club 12 10:00 Exercise 11:00 Bingo 1:15 Walking Group* 2:00 All About Animals 3:00 Art Bar 4:30 Fireside Chat	8:30 Coffee Club 13 10:00 Scenic Drive: Lopez Lake 10:45 Exercise 11:15 Sips & Stories 1:15 Walking Group* 2:30 Music & Memories Sing A Long 3:15 Afternoon Tea 4:00 Small Group Social Hour 5:00 Dinner at The Palms	8:30 Coffee Club 14 10:15 Exercise 11:00 Biography: F. Scott Fitzgerald 1:15 Walking Group* 2:00 Chair Dancing Class 3:00 Target Ball 4:00 Hometown Legends with Martha	8:30 Coffee Club 15 10:00 Exercise 10:45 Lunch Bunch: Laguna Grill 11:00 Life Skills: Folding & Sorting 2:00 Walking Group* 3:00 Reminiscing: The 1920's 4:00 Small Group Social Hour	8:30 Coffee Club 16 10:00 Exercise 10:30 Art History with Michele 1:15 Walking Group* 2:00 Musical Guest: Liz Douglas 3:00 Travel the World: Alberta, Canada 4:00 Puzzles & Games	8:30 Coffee Club 17 10:00 Catholic Service: Mission of SLO 11:00 Spanish with Martha 1:15 Wheelchair Outing in the Park* 2:30 Exercise with Michael Balson 4:00 Happy Hour	8:30 Coffee Club 18 10:00 Exercise 11:00 Bean Bag Toss 1:15 Walking Group* 2:00 Movie Matinee: <i>West Side Story</i> (1961) 2:30 Van Outing 4:00 Word Games
8:30 Coffee Club 19 10:00 Exercise 11:00 Flower Arranging 1:15 Walking Group* 1:45 Giant Ring Toss 3:00 St Stephen's Episcopal Church Sing A Long 3:30 Art Bar 4:30 Fireside Chat Activity Professionals Week	8:30 Coffee Club 20 10:00 Scenic Drive: Santa Margarita 10:45 Exercise 11:15 Sips & Stories 1:15 Walking Group* 2:30 Music & Memories Sing A Long 3:15 Afternoon Tea 4:00 Small Group Social Hour Martin Luther King Day	8:30 Coffee Club 21 10:15 Yoga with Tonya 11:00 Biography: Martin Luther King, Jr. 1:15 Walking Group* 2:00 Drum Circle 3:00 Bowling 4:00 Hometown Legends with Martha	8:30 Coffee Club 22 10:00 Exercise 10:45 Lunch Bunch: Cool Cat Café 11:00 Word Games 2:00 Walking Group* 3:00 Reminiscing: TV shows 1950s-1990s 4:00 Small Group Social Hour	8:30 Coffee Club 23 10:00 Exercise 10:30 Cooking with Barbara: Orange Cranberry Muffins 1:15 Walking Group* 2:00 Musical Guest: Dave Molloy 3:00 Travel the World: Puerto Rico 4:00 Puzzles & Games	8:30 Coffee Club 24 10:00 Catholic Service: Mission of SLO 11:00 Spa Day: Manicures 1:15 Wheelchair Outing in the Park* 2:30 Exercise with Michael Balson 4:00 Happy Hour	8:30 Coffee Club 25 10:00 Exercise 11:00 Flamenco Dancing with Luis Gallardo 1:15 Walking Group* 2:00 Movie Matinee: <i>The Maltese Falcon</i> (1941) 2:30 Van Outing 4:00 Word Games
8:30 Coffee Club 26 10:00 Exercise 11:00 Familiar Faces Bingo 1:15 Walking Group* 2:00 All About Animals 3:00 Art Bar 4:00 Fireside Chat	8:30 Coffee Club 27 10:00 Scenic Drive: Montana de Oro 10:45 Exercise 11:15 Sips & Stories 1:15 Walking Group* 2:30 Music & Memories Sing A Long 3:15 Afternoon Tea 4:00 Small Group Social Hour 5:00 Dinner at The Palms Australia Day (observed)	8:30 Coffee Club 28 10:15 Yoga with Tonya 11:00 Biography: Queen Elizabeth II 1:15 Walking Group* 2:00 Chair Dancing Class 3:00 Putt Putt Golf 4:00 Hometown Legends with Martha	8:30 Coffee Club 29 10:00 Exercise 10:45 Lunch Bunch: Buffalo Wild Wings 11:00 Life Skills: Matching 2:00 Walking Group* 3:00 Reminiscing: Winter Clothes in the 1900s 4:00 Small Group Social Hour	8:30 Coffee Club 30 10:00 Animal Visit: Ty the Horse 10:30 Arts & Crafts: Color Block Paintings 1:15 Walking Group* 2:00 Travel the World: South Africa 3:00 Balloon Volleyball 4:00 Puzzles & Games	8:30 Coffee Club 31 10:00 Catholic Service: Mission of SLO 11:00 Spanish with Martha 1:15 Wheelchair Outing in the Park* 2:30 Exercise with Michael Balson 4:00 Happy Hour	*Weather permitting. May be substituted for another activity in the event of rain or cold. Calendar Subject to change without notice