


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-family: cursive;">February 2020</h1> <p style="color: red; font-family: cursive;">Life Enrichment Activity Calendar</p>						<p>8:30 Coffee Club <b>1</b></p> <p>10:00 Exercise</p> <p>11:00 Giant Yahtzee</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Groundhog Day</i> (1993)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club <b>2</b></p> <p>10:00 Exercise</p> <p>11:00 Arts &amp; Crafts: Super Bowl Signs</p> <p>1:15 Walking Group</p> <p>2:30 Sports History: The Super Bowl</p> <p>3:30 <b>Super Bowl Party</b></p> <p style="text-align: center;">Groundhog Day</p>	<p>8:30 Coffee Club <b>3</b></p> <p>10:00 <b>Scenic Drive: Cayucos</b></p> <p>10:45 Exercise</p> <p>11:15 Sips &amp; Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Oscar Fashion through the Years</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club <b>4</b></p> <p>10:15 Exercise</p> <p>11:00 Biography: Harriet Tubman</p> <p>1:15 Walking Group</p> <p>2:00 <b>Special Presentation: Charles Paddock Zoo</b></p> <p>3:00 Giant Ring Toss</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club <b>5</b></p> <p>10:00 Exercise</p> <p>10:45 <b>Lunch Bunch: Rock &amp; Roll Diner</b></p> <p>11:00 Ball Games</p> <p>2:00 Walking Group</p> <p>3:00 Music &amp; Memories Sing-Along</p> <p>4:00 Spanish Lessons with Martha</p>	<p>8:30 Coffee Club <b>6</b></p> <p>10:00 Exercise</p> <p>10:30 Baking: Sugar Cookies</p> <p>1:15 Walking Group</p> <p>2:00 <b>Musical Guest: Ted Waterhouse</b></p> <p>3:15 Travel the US: Tennessee</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club <b>7</b></p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club <b>8</b></p> <p>10:00 Exercise</p> <p>10:30 <b>Caring Canines Visit</b></p> <p>11:00 Kickball</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Meet Me in St. Louis</i> (1944)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club <b>9</b></p> <p>10:00 Exercise</p> <p>11:00 Famous Faces Bingo</p> <p>1:15 Walking Group</p> <p>2:00 All About Animals</p> <p>3:00 Art Bar</p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club <b>10</b></p> <p>10:00 <b>Scenic Drive: Avila Beach</b></p> <p>10:45 Exercise</p> <p>11:15 Sips &amp; Stories</p> <p>1:15 Walking Group</p> <p>2:30 <b>Musical Guest: Brett Mitchell</b></p> <p>3:30 Reminiscing: Valentine's Day</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club <b>11</b></p> <p>10:15 Exercise</p> <p>11:00 <b>Musical Guest: Violinist Brynn Albanese</b></p> <p>1:15 Walking Group</p> <p>2:00 Chair Dancing Class</p> <p>3:00 Target Ball</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club <b>12</b></p> <p>10:00 Exercise</p> <p>10:45 <b>Lunch Bunch: Madonna Inn's Copper Café</b></p> <p>11:00 Life Skills: Folding &amp; Sorting</p> <p>2:00 Walking Group</p> <p>3:00 <b>Musical Guest: Les Beck</b></p> <p>4:00 I Hear Memories Reminiscing</p>	<p>8:30 Coffee Club <b>13</b></p> <p>10:00 Exercise</p> <p>10:30 Arts &amp; Crafts: Valentines</p> <p>1:15 Walking Group</p> <p>2:00 Biography: Jackie Robinson</p> <p>3:15 Travel the World: Costa Rica</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club <b>14</b></p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Cookie Decorating</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 <b>Valentine's Day Dance with Music by Liz Douglas</b></p> <p>3:30 Exercise with Michael Balson</p> <p style="text-align: center;">Valentine's Day</p>	<p>8:30 Coffee Club <b>15</b></p> <p>10:00 Exercise</p> <p>11:00 Bean Bag Toss</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Top Hat</i> (1935)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club <b>16</b></p> <p>10:00 Exercise</p> <p>11:00 Flower Arranging</p> <p>1:15 Walking Group</p> <p>2:00 Bowling</p> <p>3:00 <b>St. Stephen's Episcopal Church Sing-Along</b></p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club <b>17</b></p> <p>10:00 Scenic Drive: Cal Poly</p> <p>10:45 Exercise</p> <p>11:15 Sips &amp; Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Breakfast</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p> <p style="text-align: center;">Presidents' Day (US)</p>	<p>8:30 Coffee Club <b>18</b></p> <p>10:15 Yoga with Tonya</p> <p>11:00 <b>Musical Guest: Rick Jarrett</b></p> <p>1:15 Walking Group</p> <p>2:00 Drum Circle</p> <p>3:00 Balloon Volleyball</p> <p>4:00 Hometown Legends</p>	<p>8:30 Coffee Club <b>19</b></p> <p>10:00 Exercise</p> <p>10:45 <b>Lunch Bunch: Old Juan's Cantina</b></p> <p>11:00 Ball Games</p> <p>2:00 Walking Group</p> <p>3:00 Music &amp; Memories Sing-Along</p> <p>4:00 Spanish Lessons</p>	<p>8:30 Coffee Club <b>20</b></p> <p>10:00 Exercise</p> <p>10:30 Art History with Michele</p> <p>1:15 Walking Group</p> <p>2:00 Travel the World: The Philippines</p> <p>3:00 Giant Yahtzee</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club <b>21</b></p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:15 Wheelchair Outing in the Park</p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club <b>22</b></p> <p>10:00 Exercise</p> <p>11:00 Bean Bag Bocce</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Hairspray</i> (2007)</p> <p>4:30 Word Games</p>
<p>8:30 Coffee Club <b>23</b></p> <p>10:00 Exercise</p> <p>11:00 Bingo</p> <p>1:15 Walking Group</p> <p>2:00 All About Animals</p> <p>3:00 Art Bar</p> <p>4:30 Fireside Chat</p>	<p>8:30 Coffee Club <b>24</b></p> <p>10:00 Scenic Drive: Oceano</p> <p>10:45 Exercise</p> <p>11:15 Sips &amp; Stories</p> <p>1:15 Walking Group</p> <p>2:30 Reminiscing: Mardi Gras</p> <p>3:30 Afternoon Tea</p> <p>4:00 Small Group Social Hour</p>	<p>8:30 Coffee Club <b>25</b></p> <p>10:15 Yoga with Tonya</p> <p>11:00 Biography: Oprah Winfrey</p> <p>1:15 Walking Group</p> <p>2:00 <b>Mardi Gras Party</b></p> <p>3:00 Putt-Putt Golf</p> <p>4:00 Hometown Legends</p> <p style="text-align: center;">Mardi Gras</p>	<p>8:30 Coffee Club <b>26</b></p> <p>10:00 Exercise</p> <p>10:45 <b>Lunch Bunch: Fat Cats</b></p> <p>11:00 Life Skills: Matching</p> <p>2:00 Walking Group</p> <p>3:00 Music &amp; Memories Sing-Along</p> <p>4:00 I Hear Memories</p> <p style="text-align: center;">Ash Wednesday</p>	<p>8:30 Coffee Club <b>27</b></p> <p>10:00 Exercise</p> <p>10:30 Arts &amp; Crafts: Mosaic</p> <p>1:15 Walking Group</p> <p>2:00 Travel the World: Austria</p> <p>3:00 Basketball</p> <p>4:00 Puzzles and Games</p> <p>5:00 Dinner at The Palms</p>	<p>8:30 Coffee Club <b>28</b></p> <p>10:00 Catholic Service: Mission of SLO</p> <p>10:00 Van Outing</p> <p>11:00 Spa Day: Manicures</p> <p>1:30 <b>Musical Guest: Jacqi Bowe Variety Show</b></p> <p>2:30 Exercise with Michael Balson</p> <p>4:00 Happy Hour</p>	<p>8:30 Coffee Club <b>29</b></p> <p>10:00 Exercise</p> <p>11:00 Balloon Volleyball</p> <p>1:15 Walking Group</p> <p>2:00 Movie Matinee: <i>Bye Bye Birdie</i> (1963)</p> <p>4:30 Word Games</p> <p style="text-align: center;">Leap Day</p>